



Herd Horizons

# Sar Pass Trek

(5 Days/ 4 Nights Trek Itinerary)



# Overview

Sar Pass is a popular high-altitude Himalayan trek located in the Parvati Valley of Himachal Pradesh, starting from the village of Kasol.

At about 4,220 m (13,850 ft), it offers dramatic transitions from pine forests and alpine meadows to snow-covered slopes. Trekkers experience scenic camps like Grahan Village and Biskeri Thach before crossing the snowy pass, making it one of the most beginner-friendly Himalayan expeditions.



## Location & Altitude

- Situated in Himachal Pradesh, India
- Located in the Parvati Valley near Kasol
- Maximum altitude: 13,850 ft (4,220 meters) at Sar Pass
- Trek starts from Kasol

## Top Attractions

- **Grahan Village:** A charming Himalayan village surrounded by dense forests and traditional wooden houses, offering a glimpse into local culture.
- **Min Thach:** A beautiful alpine meadow with sweeping views of surrounding snow-capped peaks, ideal for camping under the stars.
- **Nagaru:** A high-altitude campsite blanketed with snow during early trekking season, known for spectacular sunrise views over the Himalayas.
- **Sar Pass Summit:** The highlight of the trek, featuring a thrilling snow slide descent and breathtaking panoramic views of the Parvati Valley.
- **Biskeri Thach:** A vast green meadow surrounded by towering mountains, providing a peaceful and scenic campsite after crossing the pass.

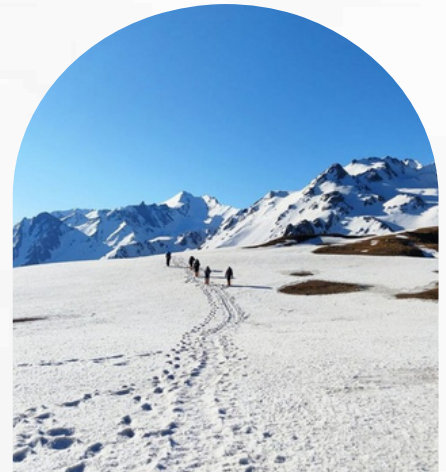
# *Ticket List*

## FIXED GROUP DEPARTURES

### Available Ticket List

**Kasol to Kasol**

**Rs. 6,999/-**  
per person



# Sar Pass ITINERARY

## DAY 1: KASOL TO GRAHAN VILLAGE



**Highlights:** 7-8 km | 5-6 hours | 1,700 m - 2,350 m

**Starting Time:** 9:00 A.M

Your journey begins in the scenic village of Kasol, nestled in the Parvati Valley of Himachal Pradesh. After arriving at the campsite, you will receive a short briefing from your trek leader about the route, safety guidelines, and the plan for the day. Once the briefing is complete and packed lunch is distributed, the trek towards Grahan Village begins.



The trail gradually ascends through dense pine and rhododendron forests, offering stunning views of the surrounding Parvati Valley. Along the way, you'll cross small wooden bridges, streams, and waterfalls that add to the charm of the route. As you gain altitude, the path becomes steeper, making the trek slightly more challenging yet rewarding.



By late afternoon, you will reach Grahan Village, a beautiful and traditional Himalayan settlement known for its warm hospitality and unique cultural heritage.

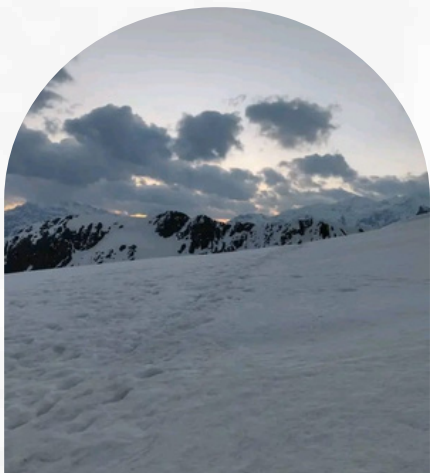
After settling into your camps, spend the evening soaking in the peaceful mountain atmosphere before enjoying dinner and an overnight stay under the stars, preparing for the adventures ahead.

## DAY 2: GRAHAN VILLAGE TO MIN THACH



**Highlights:** 7-8 km | 4-5 hours | 2,350 m - 3,500 m  
**Starting Time:** 8:30 A.M

After breakfast at Grahan Village, begin the day's trek towards Min Thach. The trail gradually ascends through enchanting forests of pine and oak, creating a peaceful and refreshing trekking experience.



The dense greenery, crisp mountain air, and occasional views of the surrounding peaks make this section of the trek especially scenic.

Along the way, you'll pass small streams and clearings that add to the calm atmosphere of the trail. As you gain altitude, the landscape slowly begins to open up, offering wider views of the Himalayan ranges.



By afternoon, you will arrive at the beautiful alpine meadow of Min Thach, where camps will be set up for the night. Spend the evening relaxing in the tranquil surroundings, enjoying the fresh mountain air.

As night falls, the sky often reveals a spectacular display of stars, making it a perfect end to the day before resting for the next stage of the trek.

## DAY 3: MIN THACH TO NAGARU



**Highlights:** 8-9 km | 4-6 hours | 3,400 m - 3,800 m  
**Starting Time:** 9:30 A.M

After breakfast at Min Thach, begin the trek towards Nagaru, one of the highest campsites on the Sar Pass trek.

As you gain altitude, the landscape gradually changes from dense forest to more open terrain with patches of snow, especially during early trekking seasons.

The trail becomes steeper and more demanding, requiring steady pacing and careful footing. Along the way, trekkers are rewarded with spectacular views of the surrounding Himalayan peaks and valleys.

By late afternoon, you will reach Nagaru, located at around 12,500 ft (3,800 m). After settling into the campsite, take time to rest and acclimatize while enjoying breathtaking sunset views over the mountains.

Spend the night camping under the clear Himalayan sky, preparing for the exciting pass crossing the next day.



## DAY 4: NAGARU TO BISKERI THACH VIA SAR PASS

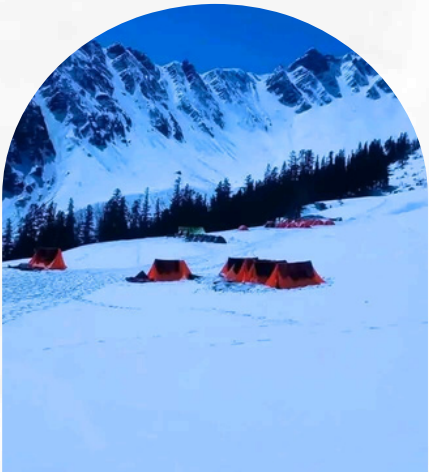


**Highlights:** 12-14 km | 7-8 hours | 3,800 m -4,220 m  
-3,350 m

**Starting Time:** 4:00-5:00 A.M

The day begins early from Nagaru as you prepare for the most exciting and challenging part of the trek, crossing Sar Pass.

The trail initially climbs steadily over snow-covered slopes, so trekkers must walk carefully and follow the trek leader's instructions.



After a gradual ascent, you will reach Sar Pass at an altitude of about 4,220 m (13,850 ft). From the top, enjoy breathtaking panoramic views of the surrounding Himalayan ranges and valleys, a rewarding moment after the climb.

One of the highlights of this day is the thrilling snow descent from the pass, where trekkers often slide down long stretches of snow (depending on the season). The trail then gradually leads down to the lush green meadows of Biskeri Thach.



Upon arrival, set up camp in this beautiful alpine meadow surrounded by towering peaks. Spend the evening relaxing and celebrating the successful crossing of Sar Pass before an overnight stay at the campsite.

## DAY 5: BISKERI THACH TO BARSHAINI – DEPARTURE



Highlights: 12-13 km | 7-9 hours | 3,350 m - 2,400 m  
Starting Time: 9:30 A.M

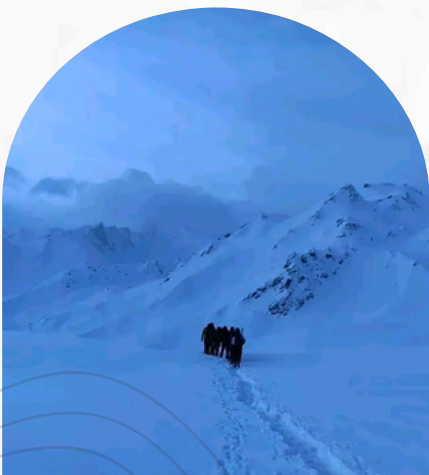
After breakfast at Biskeri Thach, begin the final leg of the trek as you descend towards Barshaini.

The trail gradually winds down through scenic alpine meadows, dense forests, and picturesque mountain landscapes, making for a pleasant and rewarding descent.



Along the way, enjoy beautiful views of the surrounding Himalayan ranges and the lush greenery of the Parvati Valley.

The descent is relatively easier compared to previous trekking days, allowing you to walk at a comfortable pace while soaking in the last moments of the trek.



Upon reaching Barshaini, you may get some time to explore the village and interact with locals. From here, transportation will take you back to the base at Kasol, marking the end of your memorable journey across the spectacular Sar Pass trek.

## INCLUSIONS:

- Transportation between Kasol to Kasol (Day 1 pick-up to last day drop-off)
- 4-time meals starting from Lunch on Day 1 to Breakfast on last Day.
- Professional staff: Guide, chef, and support team
- Camping equipment: Sleeping bags, stools, toilet seats, crampons, etc.
- Forest entry fees
- Tented accommodation (twin/triple-sharing basis) throughout the trek
- Medical kits
- All necessary permits
- GST

## EXCLUSIONS:

- Travel insurance
- Porter/mule support for personal belongings
- Travel to/from your hometown to Kasol
- Personal expenses: Tips, snacks, phone usage, etc.
- Costs due to unforeseen circumstances: Bad weather, medical evacuation, etc.

## THINGS TO CARRY:

- Government-issued ID card
- Backpack with rain cover
- Sunglasses
- Personal first aid kit and medicines
- Rain gear
- Woolen cap & sun cap
- Buff
- Thermals
- T-shirts (preferably quick-dry)
- Fleece jacket and down jacket
- Water-resistant trekking shoes (rental available)
- Water-resistant gloves
- Extra plastic layering for inside of backpack
- Trek pants
- Warm socks
- Water bottle
- Sunscreen and body lotion
- Lip balm
- Personal toiletries
- Sanitizer
- Power bank
- Glucose, chocolates
- Tissue paper and wet wipes

# FAQS:

## 1. What is the best time to do the Sar Pass Trek?

- The best time to trek to Sar Pass is from May to June and mid-September to mid-October. Early in the season, trekkers can enjoy snow-covered trails and exciting snow slides, while autumn offers clear skies, pleasant weather, and stunning mountain views.

## 2. How difficult is the Sar Pass Trek?

- The Sar Pass trek is generally considered easy to moderate. It is suitable for beginners with a good level of fitness, though it includes long trekking days, steep sections, and a high-altitude pass crossing.

## 3. What is included in the trek package?

- Sar Pass trek package starting from Kasol include accommodation in camps, all meals during the trek, trekking permits, experienced trek leaders, guides, and basic medical support. Porter or mule services for personal luggage are usually available at an additional cost.

## 4. Is it safe to trek to Sar Pass?

- Yes, the trek is safe when done with a certified guide and support team. Emergency medical kits, trained staff, and proper acclimatization are all part of the package for safety.

## 5. What's the temperature like during the trek?

- During the Sar Pass trek, daytime temperatures usually range between 10°C and 18°C, while night temperatures at higher camps like Nagaru can drop to 0°C to -5°C, especially during early summer or autumn.



# TERMS & CONDITIONS

## 1. Booking

- A booking amount of ₹500 is required to confirm your trek reservation.
- The remaining trek fee must be paid on the trek start date at the pickup point before departure.
- Bookings are non-transferable and valid only for the registered participant.

## 2. Cancellation & Refund Policy

If you cancel your booking, the following cancellation charges may apply:

- 30 days or more before departure: 90% refund of the booking amount
- 15–29 days before departure: 70% refund of the booking amount
- 7–14 days before departure: 50% refund of the booking amount
- Less than 7 days before departure: No refund
- Refunds will be processed after deducting any non-refundable costs such as permits, transport bookings, and accommodation reservations.

## 3. Check-in and Location Policy

- If a participant does not check in at the booked location and instead goes to another location, any request for a price reduction or adjustment will not be accepted.
- The booking and its charges apply only to the confirmed trek and location.

## 4. Itinerary & Schedule Changes

- The itinerary may change due to weather conditions, landslides, roadblocks, or other unforeseen factors.
- The trek leader's decision regarding safety and route changes will be final and binding.

## 5. Safety & Conduct

- Participants must follow all instructions given by the trek leader or guide.
- Any misconduct, littering, or use of alcohol/substances during the trek will result in immediate removal without refund.
- Respect local culture, wildlife, and environment at all times.

## 6. Liability

- The company shall not be responsible for injury, loss, damage, or delays caused by natural events or third-party services.
- Participants join the trek at their own risk and are advised to have personal medical and travel insurance.

# WHY CHOOSE US?

- **Experienced Team:** Led by certified guides, seasoned trekkers, and a skilled support crew to ensure safety and comfort.
- **All-Inclusive Packages:** From transportation and permits to meals and medical support – we've got it all covered.
- **Small Group Experience:** Personalized attention and better group dynamics with limited participants per batch.
- **Top-Quality Gear:** High-grade camping equipment, hygienic facilities, and reliable logistics throughout the trek.
- **Local Expertise:** Deep-rooted knowledge of the region ensures authentic cultural insights and hidden scenic spots.
- **24x7 Support:** From pre-departure guidance to on-trek assistance – we're always just a call away.
- **Customizable Options:** Need gear on rent or dietary preferences? We tailor experiences to your needs.
- **Nutritious & Tasty Meals:** Enjoy hygienically prepared, energy-rich vegetarian meals, customized to suit high-altitude needs and diverse tastes.
- **Great Value for Money:** Our all-inclusive packages cover transportation, accommodation, permits, guide, and camping gear- no hidden costs, just transparent pricing.
- **Uncompromised Safety:** Trained guides, regular health checks, emergency kits, and well-planned itineraries ensure your safety at every step.
- **Comfortable Stays in Nature :** High-quality tents, sleeping bags, and well-managed campsites make your stay comfortable even in remote terrain.

# CONTACT US:

Have questions or ready to book your adventure? We're here to help!



## Office Address:

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